

Vint Hill Village Green Community Center Fitness Room

“Exercise and recreation are as necessary as reading. I will say rather more necessary because health is worth more than learning.” - Thomas Jefferson.

Perhaps you're thinking about getting back into shape or starting an exercise program for the first time. Maybe you'd like to lose weight or learn how to improve your health. Whatever the reason, the Vint Hill Village Green Community Center Fitness Room is the place for you.

At the Vint Hill Village Green Community Center Fitness Room you'll find Cybex weight machines, Star Trac treadmills, Precor ellipticals, and Life Fitness recumbent bikes. In addition there is a variety of free weights and functional training equipment.

Daily rates, monthly, semiannual and annual memberships are available. Additional facility amenities include basketball court, lockers, showers and changing rooms.