



# Wellness Center Services

## Bring the whole family!

Starting August 1, 2019, **spouses and dependents (6 years and older) on the Fauquier employee health plan are eligible for services** at The Fauquier Employee Wellness Center.

Coaching and assessments (preventive care visits) will be free for spouses and dependents, and sick care (non-preventive) visits are \$20 for those on the HSA plan. Sports physicals will also be offered for a \$25 fee.

**To schedule an appointment, go online to [my.marathon-health.com](http://my.marathon-health.com), or call the center at 540-905-7456.**

**Please call or schedule online for same-day appointments to ensure you are seen in a timely manner.**

## What we treat:

**Sick Care:** for a wide variety of common illnesses such as sore throats, headaches, skin problems, infections, and sprains and strains

**Lab:** blood draws and lab tests including hemoglobin A1c, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy

**Assessments:** free health screenings for cholesterol, blood pressure, glucose levels, height, weight, and Body Mass Index (BMI)

**Health Coaching:** for personal health issues or concerns including weight loss, stress management, tobacco cessation, and physical activity

**Chronic Condition Coaching:** for diabetes, asthma, heart health, high blood pressure, high cholesterol, lower back pain, sleep apnea, and arthritis

## Fauquier Employee Wellness Center

98 Alexandria Pike, Suite 52  
Warrenton, VA 20186  
**Mon – Tue:** 7am – 5pm

**Wed:** 7am – 3pm  
**Thu:** 10am – 6pm  
**Fri:** 8am – 12pm



**Marathon**  
*health*<sup>®</sup>  
For life.