

We Care About Your Mental Health.

Your mind is as important as your
body in your overall health.

We have come a long way tackling an unknown threat in 2020, but we cannot ignore the great impact this pandemic has on our relationships, families, children, schools, work environment, finances, and more. We have all had our share of difficulties. We are better off working through this together and taking care of our own community here in Fauquier County.

Our team at the wellness center would like to help you navigate any difficulties you may be experiencing. From answering questions and providing guidance related to COVID-19, to coaching stress, anxiety, depression, or insomnia. We are available to listen and help you uncover what matters to you most – our team is here for you.

To schedule an appointment with either Sarah or any of our other providers, visit my.marathon-health.com or call the Fauquier County Employee Wellness Center. We are offering video and telephonic appointments, and when appropriate, in-person medical appointments.

Fauquier County Employee Wellness Center

98 Alexandria Pike, Suite 52
Warrenton, VA 20186

540-905-7456

Mon/Tue: 7am - 5pm | Wed: 7am - 3pm
Thu: 10am - 6pm | Fri: 8am - 12pm

Join us in welcoming Sarah,
who begins July 13!



Sarah Chapman

Licensed Clinical Social Worker

Sarah has worked in mental health for over nine years, both as a therapist and supervisor. She obtained her bachelor's degree in social work through Radford University, and later obtained her master's degree in social work, graduating with honors. Sarah's experience includes working in both outpatient and hospice settings providing individual and family counseling to children, adolescents, and adults. She also has worked with a wide range of clinical issues, including anxiety and stress-related challenges, depression, attention-deficit/hyperactivity disorder (ADHD), anger and aggression, and self-esteem.



Marathon
health
For life.