

Eliminate Junk Mail!



If you prefer not to receive unwanted pieces of mail, here are some options for decreasing the amount of junk mail that you receive.

When Purchasing New Products and Services:

When-donating to charities by mail or by phone, or filling out a warranty card, or purchasing a product or service, request that your name not be included on mail lists by printing in big bold letters: Do not sell my name, address or phone number.

When calling customer service for cable, satellite, phone and credit cards, be sure to tell the customer service representative that you wish to opt out of any direct marketing-based mailing lists and phone calls.

Contact Direct Marketing Association:

Contact Direct Marketing Association (DMA) at <https://www.dmachoice.org>. The DMA estimates that opting out of junk mail through their organization can take as long as 6 months to complete but also can eliminate up to 75% of incoming junk mail. It is a free service.

Sign Up with Direct Mail:

Visit www.directmail.com and sign up on the National Do Not Mail List. There are thousands of commercial lists and Direct Mail indicates they are in contact with most. It is a free service.

Sign Up with Catalogchoice.org:

Visit www.catalogchoice.org and sign up to eliminate delivery of unwanted catalogs, coupons, credit card offers, phone books, circulars and more. It is free service.

Sign up with OptoutPrescreen.com:

Visit www.optoutprescreen.com and be taken off the list of the four major consumer reporting agencies who by law are allowed to include your name on lists used by creditors or insurers to make firm offers of credit or insurance that are not initiated by you. This is a free service.

For additional information:

Contact the Privacy Rights Clearinghouse at www.privacyrights.org